



Qualifications and Courses

(excluding additional CPD courses and events)

For all the training I have undertaken, I have been required to follow up the courses with practical work and case studies to evidence that I have reached the required level of competency to be a practitioner in that area, as recognised by the trainer, the professional memberships and insurance.

Not shown in chronological order

<u>Reflexology</u>	Date Completed
Reflexology Diploma	July 2010
A.R.T	February 2012
Advanced Reflexology Techniques	
Hot Stone Reflexology	April 2013
Mindful Reflexology	November 2014
Reflexology Lymph Drainage	March 2016
Facial Reflexology	January 2016
Advanced Facial Reflexology	March 2016
Reflexology Pain Management	December 2017
<u>Fertility / reproductive Reflexology</u>	
Part 1: Pre-Conceptual Care Programme	October 2016
Part 2: Assisted Conception	April 2017
<u>Maternity Reflexology</u>	
Maternity Reflexology	May 2013
SCQF Level 8 Advanced Maternity Reflexology (awarded by Napier University)	June 2019
Open Learn: Challenging the biomedical model of childbirth	January 2021
<u>Baby & Children Reflexology</u>	
Baby & Toddler Reflexology	October 2013



Functional Reflex Therapy	January 2014
Childrens Reflexology Programme	October 2015
<u>Foot Reading</u>	
Jane Sheehan: Foot Reading	February 2014
Chris Stormer: Language of the Feet	May 2015
<u>Reiki</u>	
Reiki Levels 1 & 2	April 2001
	September 2018
	April 2019
<u>Other Therapies / Courses</u>	
Indian Head Massage	March 2011
Ear Candling	February 2011
Crystals, Angels and Auras	February 2011
First Aid	October 2010
	October 2014
	September 2018
Story Massage	February 2014
Open Learn: Understanding Depression and Anxiety	July 2020
Open Learn: Sure: I know how to talk to people	September 2020
Barbicide: Covid 19 Certification	May 2020
World Health Organisation: Infection Prevention and Control for Covid 19	May 2020
World Health Organisation: Hand Hygiene	May 2020